



# Suggested Reading List

## 6 Best Seller Books

FOR MOTHERS AND DAUGHTERS

BY JOYCE STEELE MOORE

### **"Lean In: Women, Work, and the Will to Lead" by Sheryl Sandberg**

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This bestselling book explores the challenges women face in the workplace and offers valuable insights on how to achieve professional success while balancing personal life. It provides guidance for mothers to empower their daughters to pursue leadership roles and overcome gender biases.

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### **"The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are" by Brené Brown**

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Brené Brown's book encourages women to embrace vulnerability and imperfection, fostering self-compassion. Mothers can use this as a resource to teach their daughters the importance of authenticity, self-love, and resilience.

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### **"Grit: The Power of Passion and Perseverance" by Angela Duckworth**

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In "Grit," Angela Duckworth explores the concept of grit and its role in achieving long-term goals. This book can be instrumental for mothers in guiding their daughters to develop perseverance, passion, and resilience in the face of challenges.

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### **"Radical Candor: Be a Kick-Ass Boss Without Losing Your Humanity" by Kim Scott**

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While initially targeted at workplace communication, "Radical Candor" offers valuable lessons in effective communication that can be applied to various aspects of life. Mothers can learn how to communicate openly with their daughters, fostering a healthy and empowering relationship.



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**"I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban" by Malala Yousafzai and Christina Lamb**

5 Malala Yousafzai's inspiring memoir tells the story of her fight for education and women's rights. This book can serve as a powerful tool for mothers to encourage their daughters to stand up for what they believe in, pursue education, and make a positive impact in the world.

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**"Becoming" by Michelle Obama**

6 Michelle Obama promotes self-confidence, resilience, Leadership, ambition, and more. Share with your daughter the story of Michelle Obama's journey and her achievements. Highlight the challenges she faced and overcame. Encourage your daughter to believe in herself and her abilities.